

# ANTI BULLYING POLICY

## **Definition:**

Bullying is an act of repeated, aggressive behavior intended to hurt another person, physically or mentally.

## **Objectives:**

- To create a safe, supportive and caring environment for the children.
- To take steps to prevent any kind of bullying in the school.
- To create awareness among students about bullying and the serious consequences the offender would face.
- To promote positive attitudes in students.
- To ensure all staff are aware of the procedures.
- To encourage staff to be alert and sensitive about the happenings around them.

## **Steps:**

Bullying includes:

- Types of Bullying.
- Physical – Hitting, kicking, punching, taking something that belongs to someone else and damaging or destroying it.
- Verbal - calling names, making offensive remarks
- Indirect Bullying – Spreading rumors about someone
- Social Alienation- Forming groups and preventing someone from being a part of it.
- Cyber Bullying – Sending threatening messages, pictures.

Signs to identify bullying:

- The child will become withdrawn, anxious and lack confidence.
- Will prefer to be isolated.
- Has nightmares/ bedwetting.
- Refuses to come to school.
- Lacks concentration in class.
- Poor academic performance.
- Loss of appetite.
- Continual reporting of illness.

All Staff will:

1. Know and follow the policy and procedures.
2. Be alert and vigilant about the happenings in and around the school campus.
3. Maintain records of bullying.
4. Share a positive rapport with students where they feel comfortable in approaching them.
5. Never let any incidence of bullying go unreported.

Procedures to be followed in case of bullying:

1. Any report of bullying will be taken seriously.
2. Staff, parents and pupils are encouraged to look for signs of stress and note any change in behavior, deterioration in work, or reluctance to come to school and inform the principal or supervisor.
3. If an incident is reported, it will be investigated promptly by the Discipline Committee.
4. A report would be given to the Principal. The principal will meet the concerned people and will find out the facts and details.
5. Parents would be informed.
6. The situation will be carefully monitored. Every situation will be judged appropriately and strategies to deal with it will be selected with care and sensitivity.

**Providing Support:**

- Staff must handle them sensitively helping them regain their confidence.
- Get the counselor/ social worker help if needed.
- Find out why the child is a bully and work on a solution.
- Get parent's help to support the child.

**People Responsible:**

Principal, VP, Supervisor, Teacher, Social worker.

**Forms Issued:**

Incident report form

Last Review	September 2025	Prepared by:	Wellbeing Dept.
Next Review	August 2026	Approved by:	Principal 